

Chestnut Woods, under **dynamic new ownership**, is pleased to present a whole new level of post acute care to the greater North Shore community.

Conveniently located on the North Shore right off Route 1, Chestnut Woods is a three level 88-bed rehabilitation center in the quaint, residential neighborhood of Saugus.

Chestnut Woods offers a variety of specialized and rehabilitative care options as well as exceptional long-term care.



- **ENHANCING YOUR COMFORT**
- **INFUSING YOUR SPIRIT**
- **REHABILITATING YOU TO YOUR OPTIMUM HEALTH**



# Chestnut Woods

REHABILITATION AND HEALTHCARE CENTER

A Proud Member of the  
MARQUIS HEALTH SERVICES FAMILY

73 Chestnut Street  
Saugus, MA 01906

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[www.ChestnutWoodsRehab.com](http://www.ChestnutWoodsRehab.com)



Joint Commission on Accreditation  
of Healthcare Organizations

*We accept all major insurances, private pay,  
Medicare and Medicaid.*



*Chestnut Woods Rehabilitation & Healthcare Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admissions, treatment, or participation in its programs, services and activities, or in employment.*

**WE INVITE YOU TO CALL US  
OR TAKE A TOUR AND LEARN WHY  
OUR RESIDENTS FEEL RIGHT AT HOME HERE.**

# SPECIALIZED CARDIAC EXCELLENCE In Your Neighborhood



Chestnut Woods   
REHABILITATION AND HEALTHCARE CENTER

# A Family-Focused Approach to Caregiving

Our caregivers are like one big family, and go above and beyond to create a warm and safe atmosphere. Our goal is to provide the medical expertise and personal support to help residents get well, be well and stay well.

## Our Comprehensive Suite of Services includes:

- Intensive Short-Term Care
- Long-Term Care
- 24 Hour RN Coverage
- Post Acute Cardiac Care
- Telemetry Cardiac Monitoring
- Orthopedic Care
- Stroke Management & Recovery
- Pulmonary Care
- Respite Care
- Palliative / Hospice Care
- Diabetes Care
- Nutrition Care
- IV Therapy
- Pain Management

## SHORT-TERM REHAB Delivering Positive Outcomes

Our strong hospital partnerships ensure a smooth transition for those in need of post acute and surgical care. Under the guidance of our expert therapists, patients rapidly regain their mobility and achieve independence as they prepare for their return home.

- Physical, Occupational & Speech Therapy  
7 DAYS A WEEK
- Expansive Rehab Gym with the latest Rehab Equipment
- Coordination of Post-Discharge Care & Services

**Our specialized Cardiac Rehabilitation Program under the esteemed medical direction of Dr. Bruce Watrous** offers cardiac patients a new lease on life. Our multidisciplinary team works together to improve each patient's overall cardiovascular health, using progressive technology and strong fundamental rehabilitation techniques.

- Dedicated Focus on CHF Management
- Nurses Certified to Administer IV Lasix & IV Solu-Medrol
- EKG Readings In-house
- 24 Hour Nursing Supervision by ACLS Trained & Certified Nurses

**ZOLL.** LifeVest®

## Our signature Rehabbing Care™ infuses every aspect of the Chestnut Woods environment.

We are intent that you enjoy an all-embracing rejuvenating experience that starts from the moment you enter our doors.

- Spacious Private & Semi-Private Rooms
- Spacious Dining Area with fresh, rotating menus
- Complimentary DISH TV & Phones in every room
- Complimentary WiFi
- Expansive Courtyard
- Barber / Beauty Salon Services
- Well-Stocked Library
- Stimulating Activities Program

